

**20%
OFF**

**LOCAL
SUPPLIERS
COFFEE
& CAKE**

NATIONAL COFFEE WEEK

16th to 22nd April

BRUCE & LUKE'S COFFEE

NOW ONLY £4.98 each

Ethically sourced and carefully roasted fresh coffee.

• Decaf Espresso • Filter Blend • Chocolate Dream • Hardwicke Circus

**15%
OFF**



IRVINGS SPRINKLE CAKE

NOW ONLY £1.95 each

Classic freshly baked sponge cake, filled with buttercream and topped with sprinkles.

• Chocolate • Plain



WHERE TO FIND US

CARLISLE

Rosehill Estate

Tel: 01228 403426

Monday-Friday 7.00am to 5.00pm

Saturday 7.00am to 1.00pm

CARLISLE

58-60 Fisher Street

Tel: 01228 534089

Monday-Friday 7.00am to 5.00pm

Saturday 7.00am to 5.00pm

HARRINGTON

60-62 Church Road

Tel: 01946 831163

Monday-Friday 7.00am to 5.00pm

Saturday 7.00am to 1.00pm

April OFFERS

3 - 28 APRIL



**20%
OFF**

FLAT IRON STEAKS

NOW ONLY £7.98 per kg

Celebrate St George's Day 23rd April



PIONEER

FOODSTORE



40% OFF

MARINATED PORK RIBS
NOW ONLY £2.98 per kg

- Piri-Piri
- Ginger, lemon and chilli



20% OFF

PORK FILLET
NOW ONLY £5.55 per kg



PERFECT FOR
STOCKING UP THE FREEZER
OR FEEDING A CROWD

BUY BULK & SAVE
FINEST MEATS & PRODUCE
QUALITY SINCE 1878

2.27kg PACK OF TRADITIONAL CUMBERLAND SAUSAGE
NOW ONLY £9.45 each

Our traditional recipe Cumberland sausage that is part of our Buy Bulk & Save range.

10% OFF



WINNERS OF TWO AWARDS
AT THE CUMBRIA FAMILY BUSINESS AWARDS

Retailers & Wholesalers



WINNER
Cumbria Family Business Awards
2018

OUTSTANDING CUMBRIA FAMILY BUSINESS OF THE YEAR



WINNER
Cumbria Family Business Awards
2018



15% OFF

TRADITIONAL COOKED HAM
NOW ONLY £8.30 per kg



2 FOR £1.50

SCOTCH PIE
£1.00 each • 2 for £1.50

A traditional Scotch pie shell filled with seasoned minced lamb and topped with flaky puff pastry.



10% OFF

TOP TIP
BAKE THE BRIE & SERVE WITH CRUSTY BREAD

COWS&CO BRIE
NOW ONLY £3.98 each

- Smoked brie
- Creamy brie