



**10% OFF**

**BEEF OLIVES**  
NOW ONLY **£7.98** per kg  
Sage and onion pork sausage meat, wrapped in thin slices of Lakeland beef.



**20% OFF**

**BEEF PATTY**  
NOW ONLY **£2.00** each  
Seasoned minced beef, formed around creamy peppercorn sauce and edged in puff pastry.



**30% OFF**

**BRAISING STEAK**  
NOW ONLY **£6.95** per kg  
Succulent local beef.

**NEW** *Product*

HANDCRAFTED IN-STORE  
BY OUR SKILLED BAKERS



**NEW INDIVIDUAL QUICHE RANGE**

**INTRODUCTORY PRICE £1.10** each

Mini quiches in crisp pastry shells, choose from:

- Cumberland Sausage & Caramelised Onion Chutney
- Smoked Salmon & Dill • Broccoli, Stilton & Walnut

*October*  
**OFFERS**

1 - 31 OCTOBER



**WHERE TO FIND US**

**CARLISLE**  
Rosehill Estate  
Tel: 01228 403426  
Monday-Friday 7.00am to 5.00pm  
Saturday 7.00am to 1.00pm

[www.pioneerfoodstore.co.uk](http://www.pioneerfoodstore.co.uk)

**CARLISLE**  
58-60 Fisher Street  
Tel: 01228 534089  
Monday-Friday 7.00am to 5.00pm  
Saturday 7.00am to 5.00pm

**HARRINGTON**  
60-62 Church Road  
Tel: 01946 831163  
Monday-Friday 7.00am to 5.00pm  
Saturday 7.00am to 1.00pm

**PIONEER**  
FOODSTORE



## TASTY SEASONED PORK & BEEF MEATBALLS

NOW ONLY £5.83 per kg

### 1. CHOOSE HOW MANY

### 2. PICK A SAUCE:

- Italian Tomato & Herb
- Mild Bombay Curry
- Smoky BBQ
- Piri Piri

### 2. STRAIGHT IN THE OVEN

Sealed in an oven ready tray!

**BLUE DRAGON DRIED EGG NOODLES**  
300g packet for £1 each

When purchasing meatballs from this month's offers.



10% OFF

KITCHEN <sup>★</sup>  
*Ready* <sup>★</sup> HAND PREPARED  
IN-STORE BY OUR SKILLED BUTCHERS

10% OFF

### SCOTCH PIE

NOW ONLY 90p each

Traditional Scotch pie shells, filled with seasoned minced lamb and topped with a flaky puff pastry lid.



15% OFF

### COTTAGE PIE

NOW ONLY £1.25 each

Minced beef cooked in a rich gravy, topped with cheesy mashed potato.



NEW AND <sup>★</sup>  
*Improved*

HANDCRAFTED IN-STORE  
BY OUR SKILLED BAKERS

### FAMILY CHICKEN, LEEK AND BACON PIE

NOW ONLY £5.50 each

Now with an even richer, creamier sauce and packed with tender chicken breast chunks, smoked streaky bacon and chopped leeks, on top of a shortcrust pastry base and finished off with a flaky puff pastry top.



15% OFF